

METERED DOSE INHALER (MDI) FIRELINE MEDICINE PROCEDURE

ALWAYS USE BODY SUBSTANCE ISOLATION PRECAUTIONS

INDICATION

- To deliver an aerosolized bronchodilator for patients experiencing bronchospasm in the fireline medicine setting

EQUIPMENT

- Metered dose inhaler Albuterol OR
- Metered dose inhaler Atrovent

PROCEDURE

- Have patient sit or stand in an upright position
- Remove dust cap and have the patient hold the MDI in an upright position
- Gently shake MDI for 5-10 seconds
- Have patient tilt head back slight and exhale normally and completely
- Patient should place lips around mouthpiece to produce a seal
- While inhaling slowly, have patient press down on inhaler to release the medication
- Inform patient to continue inhaling until they have taken the deepest breath possible
- Hold breath for 10 seconds
- Exhale slowly through pursed lips
- Administer a second dose as described above