

# MEDICAL EMERGENCIES

## BLS PROCEDURES

ALWAYS USE BODY SUBSTANCE ISOLATION PRECAUTIONS

### INDICATIONS

- For the following emergencies:
  - Syncope/ Near Syncope/ Fainting
  - Abdominal pain (non-traumatic)
  - Allergic Reaction
  - ALOC
  - Unconscious/ Unresponsive
  - Cardiac Arrest
  - SOB
  - Seizure (active)
  - Post- Seizure (post-ictal)
  - Chest Pain

### EQUIPMENT

- Airway management appropriate for patient condition
- BP monitor
- Suction

### PROCEDURES

- BLS RMC
- Reassure patient
- Transfer care to ALS unit as patient condition warrants
- **Syncope/ near syncope/ fainting:**
- Consider C-spine immobilization
- **Abdominal pain (non-traumatic):**
  - Nothing by mouth
  - Prepare for vomiting
  - Check bilateral BP, pedal pulses
- **Allergic reaction:**
  - Loosen clothing
  - Assist patient with self administration of **EpiPen** per policy
- **ALOC/Unconscious/ Unresponsive:**
  - If diabetic, give sweetened drink or administer **Glucose paste** per policy
  - Ventilate with positive pressure devices
- **Cardiac Arrest:**
  - Place patient supine on firm surface and remove patient shirt
  - CPR
  - Attach A.E.D.
  - Suction as needed
  - If ALS arrival time is longer than time to transport to the closest facility, begin transport and consider rendezvous with ALS unit en route if appropriate.
  - Consider pronouncement of death in the field

- **SOB/Airway Obstruction:**
  - Position of comfort, usually upright
  - Allow patient to self administer any inhaled medications
  - Consider different causes of SOB with pediatric patients
- **Seizure (active):**
  - Protect patient from injury (move furniture, etc.)
  - Consider possible treatment of diabetic patient (see ALOC)
  - If febrile seizure initiate cooling measures
- **Post- Seizure (post-ictal):**
  - Follow above treatment on seizures
  - Frequently evaluate patient's level of consciousness and anticipate recurring seizures
  - Suction as needed
- **Chest Pain:**
  - Limit patient's physical activity
  - Allow patient to self-administer own **NTG & aspirin** (see Chest Pain BLS 2)
- **Psychiatric Patient:**
  - Protect self, others from combative or violent behavior
  - Prepare for rapid changes in behavior due to possible ingestion of poisons, alcohol and drugs. If possible bring ingested substances to hospital for analysis.

**RELATED POLICIES/ PROCEDURES**

- Administration of Oral Glucose BLS PR 3
- Administration of EpiPen Procedure BLS PR 4
- Chest Pain / Acute Coronary Syndrome BLS 2